

Family Support Services

Counselling Service for Young Persons and Parents

Düsseldorf
Live close Feel free



The Counselling Service for Young Persons and Parents guides and supports its clients in all issues relating to family life and growing up.

Our service includes:

- child guidance
- parental and family guidance
- counselling and guidance for young people
- individual or couples consultations
- group sessions for parents and children
- separation and divorce counselling
- mediation
- therapies for children and young people
- therapies for families
- counselling for parents with infants and toddlers
- bereavement counselling
- employee assistance and counselling
- dog-assisted interactions
- therapy via video sessions

The various services on offer are available to anyone who is looking for guidance – irrespective of their gender, country of origin, sexual orientation, age, disability, religion, cultural background or philosophical outlook. If required, consultations can be conducted in the presence of an interpreter or cultural mediator.



Guidance for Parents

We provide skilled, supportive counselling and assistance for issues relating to your child. You can come to us if:

- you are worried about your child,
- you have questions about your child's development,
- your child's school or nursery has brought up an issue with you,
- conflict within the family has arisen and you would like to improve relationships and the atmosphere at home,
- you need orientation and support for a particular predicament in your life.

We are happy to help you find solutions together if:

- you have problems with your partner and don't know how to resolve them,
- you are considering separation and are wondering how this will work out in future with regard to the children,
- you have concerns following separation about contact or about parental wellbeing,
- you feel, as a patchwork family, you are beset with challenges,
 - as a gay couple, you feel the need for support,
 - you have concerns about the premature birth or development of your child,
 - you don't know how to go on after the illness, disablement or death of a family member,
 - you have questions regarding the sexual orientation of your partner or your child.



Counselling for Children and Young Persons

We can help you alleviate any personal questions or problems in areas surrounding your friends, family, love and desire, school or other topics. You can rest assured that everything you tell us will be treated in the strictest confidence! You can either come alone, with your parents or with a friend. Just as you please!

We will support you in

- understanding yourself and your situation,
- alleviating the pressures you are feeling,
- finding new solutions.



© iStock – Sneksy

Counselling for education professionals

We are happy to help you if:

- you have questions about a child's behaviour or his/her stage of development
- are unnerved by contact with parents or need support when speaking to them
- you would like to reflect upon your own behaviour
- you feel burdened by the demands of your job

If desired, cases can be treated anonymously.



© iStock – FatCamera

Contact

Jugend- und Elternberatung/ Counselling Service for Young Persons and Parents

Willi-Becker-Allee 10 (1st floor)

40227 Düsseldorf

Telephone: +49 (0)211 8995361

www.duesseldorf.de/jugendamt/jeb

BeraDIG: <https://duesseldorf-jeb-ddorf.lagbw.net>

Open times

Mon–Thurs 8.30 am – 4 pm

Fri 8.30 am – 2 pm

Appointment procedure

You will need an appointment in order to come in for a consultation. You can contact us either by phone or via registration online through our BeraDIG platform.

Prebooked appointments can be made between the following hours:

Mon–Thurs 8.00 am – 5 pm, Fri 8.00 am – 3 pm

In urgent cases you can visit our surgery held on Wednesdays between 2 pm – 3 pm with no need to make a prior appointment.

General principles of our consultations

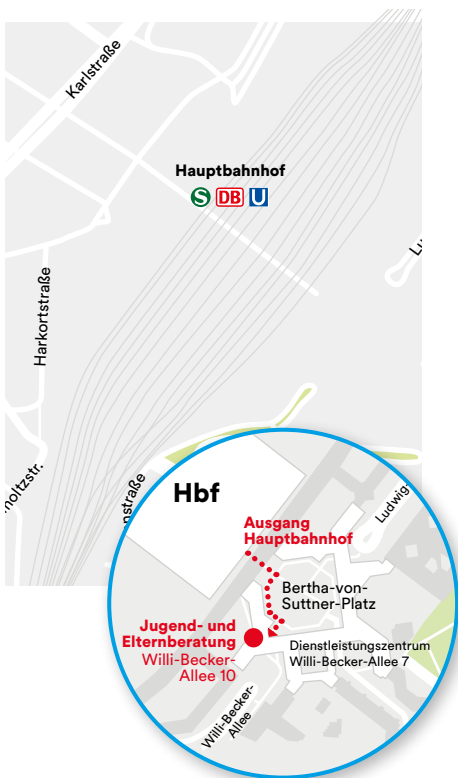
- **voluntary:** it is entirely up to you whether you want to come to us with any of your questions, worries and problems.
- **confidential:** everything discussed is subject to strict confidentiality.
- **free of charge:** all services are free of charge

If desired, the consultation can be anonymous.

 [jugendundelternberatungddorf](#)

 [jugendundelternberatung](#)

Where to find us



Landeshauptstadt Düsseldorf
Jugendamt

Herausgegeben von der

Landeshauptstadt Düsseldorf
Der Oberbürgermeister
Jugendamt
Willi-Becker-Allee 7, 40227 Düsseldorf

Verantwortlich Dagmar Niederlein

VIII/21-.2

www.duesseldorf.de/jugendamt/jeb

© iStock – Rido Franz

